

Individual & Small-group Soccer Training

(BS Sports Mng't., USSF D, USASA Adult, USSF Nat'l Youth, NSCAA Adv. Reg.,

NSCAA Adv. Reg. Goalkeeping, CPR and First Aid Certified)

Year-round 1 on 1 and Small-Group Soccer Training Sessions

Girls and boys all ages. If you create a group, ages must be within 2 years of each other from youngest to oldest. ex. 2 four, 1 five, and 1 six-year old if any are under 12 years old. I will evaluate older players to determine if goals and training would be compatible.

Emphasis is on ball technique, agility/coordination, strength, and fitness. Tactical sessions are mainly for 12 & up. Programs are tapered to player goals and age.

Private 8-Session Training Package

- Player DVD video at beginning and end for analysis of strengths and weaknesses and viewing progress
- Goal-setting worksheet
- Nutrition basics
- Visualization & cognitive development techniques
- Core strength and skills log
- Dream board instructions
- CV training kit
- Cool motivational poster

Small group(4-player max) 8-Session Training Package

- Goal-setting worksheet
- Nutrition basics
- Visualization & cognitive development techniques
- Core strength and skills log
- Dream board instructions
- CV training kit

Rates are based on training arrangements and location. Weston's Vista Park location rates are higher, but offer steady well-kept Weston Fury Soccer Club training facility and convenience. Optional fields in South Broward: Weston

Regional Park, Church Fields, Rose Price Park, Towngate Park, Walter C. Young Middle School, Miramar Regional Park, neighborhood parks...

Package (4 consecutive weeks of 8 sessions total) rate = \$40/training session (\$55/training session at Vista Park)

Standard rate = \$45/training session (\$60/training session at Vista Park)

Parks=>

Weston's Vista Park

S. Broward Parks

players

standard rate

package rate

standard rate

package rate

1
\$60
\$55
\$45
\$40

2
\$30
\$28
\$23
\$20

3

\$20
\$18
\$15
\$14

4

\$15
\$14
\$12
\$10

...sharing "Joga Bonito," the beautiful game...the responsible way!

"Keep Playing, Keep Sharing! "CV

You're Better Than You Think!

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